

HAYDEN HELMS

hayden.helms@sbcglobal.net

Height: 5ft. 10.5in.
Phone: 205-420-3122

Brown Eyes
Dark Brown Hair

LIVE PERFORMANCE

Disney Imagination Movers Tour	Dancer	The Verizon Theater
Dallas Cowboys Thriller Halftime	Dancer	AT&T Stadium
Western Days Concert	Dancer	MCL Grand Black Box

CONCERT

<i>"The Best Is Yet To Come"</i>	Dancer	DancesPace (Joshua Bergasse, choreo)
<i>"Summertime"</i>	Dancer	DancesPace (Charlene "Chi Chi" Smith, choreo)
<i>"Happy Holidays"</i>	Dancer	DancesPace (Lauren Gaul & Tara Memi, choreo)
<i>"Synchronicity"</i>	Dancer	Dance Out Loud (Lauren Gaul, choreo)
<i>"Grand Defile"</i>	Dancer	Youth American Grand Prix Gala (Carlos dos Santos Jr., choreo)
<i>"Overstory"</i>	Dancer	Hubbard Street Dance Chicago Summer Intensive (Flo Lochner & Alice Klock, choreo)

ASSISTANT EXPERIENCE

Joe Tremaine & Faculty	Professional Convention Assistant
Doriana Sanchez	Dance Assistant & Demonstrator
Emily Zachary-Smith	Personal Dance Assistant
Dee Caspary	Dance Out Loud Dance Captain
Jess Hendricks	Dance Out Loud Dance Captain
Sydney Mesher	Emergence Dance Captain

EDUCATION & TRAINING

Pace University BFA Commercial Dance Candidate 2021

Ballet: Scott Jovovich, Alexandra Damiani, Kelby Brown, Kat Wildish, Michael Cusumano, Jacki Ford, Pedro Ruiz, Bobby Amamizu, Amanda Cobb

Jazz & Contemporary: Rhonda Miller, Lauren Gaul, Jess Hendricks, Dee Caspary, Charice Barton, Ray Leeper, Ginger Cox, Adam Cates, Al Blackstone, Suzi Taylor

Choreography: Mandy Moore, Dominique Kelley, Jen Hamilton, Nancy Lemenager

Acting: Donna Drake & Caroline Leim

Voice: Jennifer Grasso & Bob Cline

Summer Intensives: Radio City Rockettes, American Ballet Theater, Hubbard Street Dance Chicago, Ballet West Academy, Core Training Techniques

SPECIAL SKILLS

Proficient in pointe work, partnering, acting, singing, choreographing, dance pedagogy, costume design, valid drivers license & passport, and can hold a basic conversation in American Sign Language.